

COURSE DIRECTOR  
Davide Smarrelli

#### KEY SPEAKERS

B. Battiston (Torino-I); D. De Spirito (Lugano-Ch); A. Ghezzi (Milano-I);  
M. Haerle (Markgroningen-De); F. Nienstedt (Merano-I);  
S. Schindele (Zurich-Ch); A. Sgarbossa (Brescia-I);  
D. Smarrelli (Bergamo-I); J. van Schoonhoven (Bad Neustadt-De)

#### REGISTRATION

Registration fee has been set at 300€ + 22% VAT and is inclusive  
of attendance of the course, lunch and coffee break  
when applicable and two dinners.

You can register on line accessing <http://www.studioprogress.it/en>  
in the NEXT MEETINGS section.

#### ORGANIZING SECRETARIAT

StudioProgress Snc  
Via Cattaneo 51 - 25121 Brescia (Italy)  
[info@studioprogress.it](mailto:info@studioprogress.it) - [www.studioprogress.it](http://www.studioprogress.it)

BIRG PATRONAGE REQUESTED



PATROCINIO SICM RICHIESTO



## SEXTEN – SESTO DI PUSTERIA

19<sup>th</sup> - 21<sup>st</sup> March 2020



## THURSDAY MARCH 19<sup>th</sup>

### 14.00-18.30 TENDONS FROM DIAGNOSIS TO TREATMENT

- 14.00-14.15 Introduction & presentations of the course  
14.15-14.30 Generalities anatomy-physiopathology-principles of sutures and anesthesia techniques  
14.30-14.45 Acute extensor tendon lesions: from diagnosis to treatment  
14.45-15.00 Secondary extensor tendon lesions: from diagnosis to treatment  
15.00-15.15 Acute flexor tendon lesions: from diagnosis to treatment  
15.15-15.30 Secondary flexor tendon lesions: from diagnosis to treatment  
15.30-15.50 Post traumatic deformities: Swan Neck and Boutonniere  
15.50-16.00 Rehabilitation: principles & protocols  
**16.00-16.30 Coffee break**  
16.30 -18.00 How do I do it? Tips & tricks about techniques (all speakers & open discussion)  
*Primary extensor & flexor tendon repair: my favourite techniques*  
*Secondary extensor & flexor tendon repair: my favourite techniques*  
20.00 Dinner in old traditional Pustertaler Stube

## FRIDAY MARCH 20<sup>th</sup>

### 08.30-12.30 ALL AROUND TRAUMATIC SCAPHOID

- 08.30-08.40 General aspects: principles of anatomy, physiology, functional and radiological anatomy  
08.40-08.50 Fractures: diagnosis and classifications  
08.50-09.00 Fractures: conservative treatment  
09.00-09.15 Fractures: surgical treatment: percutaneous vs open with related surgical approaches  
09.15-09.30 Fractures-dislocations: from diagnosis to treatment  
09.30-09.40 Scaphoid fractures & related fractures  
09.40-09.50 Scaphoid fractures & associated lesions  
09.50-10.10 Discussion  
**10.10-10.30 Coffee break**  
10.30-10.45 Scaphoid nonunions: definition-patterns and possible strategies (conservative vs surgical)  
10.45-10.55 Grafts: not vascularized: iliac, olecranon and...  
10.55-11.10 Grafts: vascularized "island flaps"  
11.10-11.20 Complex free grafts  
11.20-12.00 Clinical cases & discussion  
12.00-12.10 BIRG presentation: Dr. S. Schindele  
12.10-13.10 HBS2 workshop  
15.00-15.30 Pustertaler snack  
15.30-16.00 Lectio Magistralis  
DRU: arthroplasties, resections, arthrodesis & salvage procedures *Prof. J. Van Schoonhoven*

### 16.00-17.30 ALL AROUND TRAUMATIC SCAPHOID

- 16.00-16.10 Arthroplasty: adaptive implants: why-when -which one?  
16.10-16.20 Failure procedures: intercarpal arthrodesis

- 16.20-16.30 Failure procedures: proximal row carpectomy  
16.30-16.40 PRC & interposition arthroplasty  
16.40-16.50 PRC & resurfacing implants  
16.50-17.00 Failure & salvage procedures: arthrodesis  
17.00-17.10 Failure & salvage procedures: prosthesis  
17.10-17.30 Discussion: biology vs implants  
17.30-18.00 FLOWER workshop  
19.30 Social dinner in Rifugio Fondovalle (30 minutes on foot through snow)

## SATURDAY MARCH 21<sup>rd</sup>

### 09.00-10.30 HAND PROSTHESIS

- 09.00-09.15 MCP implants: when-why-how  
09.15-09.30 PIP implants: when-why-how  
09.30-09.45 DIP implants or arthrodesis?  
09.45-10.00 What about thumb? CMC1  
10.00-10.15 What about thumb? MF & IF: arthrodesis or implants?  
10.15-10.45 Discussion

### 10.45-11.00 Coffee break

### 11.00-12.30 FOCUS ON TREATMENT OF HAND & WRIST DYSESTHESIA: FROM SCARRING NERVES TO NEUROMA

- 11.00-11.10 Definition & pathogenesis  
11.10-11.25 Flaps  
11.25-11.40 Vein wrapping  
11.40-11.55 Synthetic devices  
11.55-12.10 Digital nerves  
12.10-12.30 Clinical cases & discussion: biological solutions or synthetic devices?  
Workshops  
12.30-13.00 Capflex workshop  
13.00-13.30 Closure of the congress & presentation of BIRG - Sexten 2021

Dear Colleagues,

I am very happy to present you the 3<sup>rd</sup> "Talking & Working Hands" Course, renewing the success of previous editions.

Under the amazing panorama of the Dolomites in Sexten, we will focus on 4 topics: tendon lesions, traumatic and post-traumatic scaphoid, hand prosthesis, upper limb Dysesthesia related to scarring nerves and neuroma. Appreciated experts will discuss each topic extensively, from diagnosis to treatment through a hand-on approach.

I strongly believe that we can learn from discussion and the different experience and culture of anyone, matching different cultural backgrounds.

The official language is English.

I am looking forward to seeing you in Sexten, Sudtiro, Italy. Yours Sincerely,

*Davide Smarrelli*